

Get to Know the Test

Class: Click or tap here to enter text.

Test Date: Click or tap to enter a date.

What is the format of the test?

Multiple Choice	Free Response
Test Taking Strategies Study Skills Math Tests	Test Taking Strategies Study Skills

What are your grade goals for the test/class?

Test			Class		
A	B	C	A	B	C
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What class and study materials do you have to prepare for the test?

Class Materials	Study Materials
<input type="checkbox"/> Textbook <input type="checkbox"/> Lecture Videos <input type="checkbox"/> Other Videos <input type="checkbox"/> PowerPoints <input type="checkbox"/> Other:	<input type="checkbox"/> Notecards <input type="checkbox"/> Study Guide <input type="checkbox"/> Practice Test <input type="checkbox"/> Notes <input type="checkbox"/> Other:

What are your current distractions and motivations?

Distractions	Motivations

Study Plan

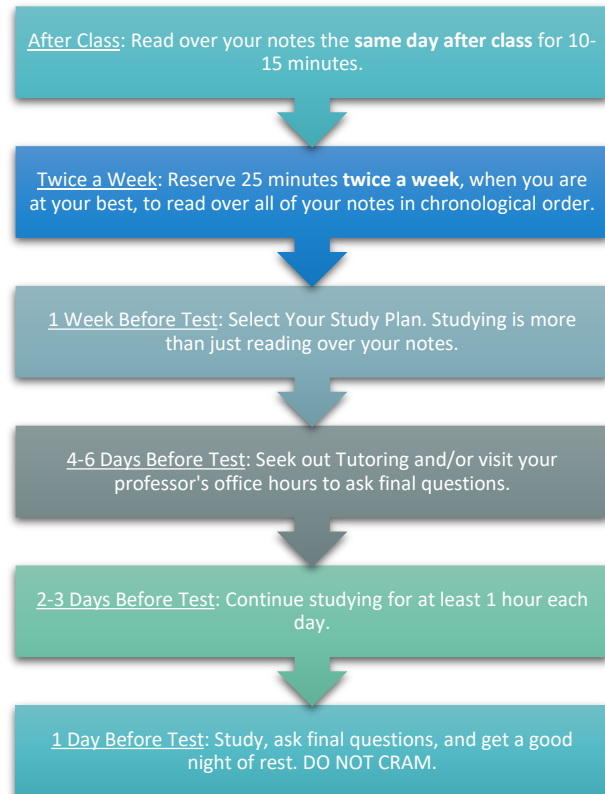
- Complete Study Guide
- Create Your Own "Cheat Sheet"
- Practice Test/Quiz Yourself
- Study Groups
- Rewrite Notes in New Format
- Flashcards/Spaced Repetition



- Easy/Moderate/Hard

STUDY OUTLINE		
EASY	MODERATE	HARD

Study Schedule



Managing your Study Time

- Chop It Up and the Fifteen Minute Rule**
 - Break the work into manageable pieces. Set a timer for 15 minutes and work without disruption. After 15 minutes take a short break and resume for another 15 minutes.
- Pomodoro Method:** <https://www.marinaratimer.com/>
 - 25 minutes of studying / 10-minute break / 25 minutes of studying / 10-minute break / 25 minutes of studying / 1-hour break (*done*)
- Rewards**
 - Reward yourself with breaks or fun activities/interests/hobbies after putting in a successful study session.
- Take Breaks**
 - Breaks are important for keeping study momentum. For every hour of study time, make sure to take a 10-15-minute break. For every three hours of study time, take an **extended** (hour+ long) break.

Help and Support

Find yourself struggling? Check out these resources and support services!

TCC Resources/Support Services
<input type="checkbox"/> Learning Commons (Tutoring)
<input type="checkbox"/> Academic Success Coaching
<input type="checkbox"/> TCC Library
<input type="checkbox"/> Counseling Center
<input type="checkbox"/> Advising Center
<input type="checkbox"/> Office Hours (Syllabus)

Websites
<input type="checkbox"/> Khan Academy
<input type="checkbox"/> CrashCourse
<input type="checkbox"/> StudyEdge (Math)
<input type="checkbox"/> Quizlet
<input type="checkbox"/> Evernote

Additional Study Skills Resources to Reference

Workshops

- Preparing for Your First Test Workshop: <https://use.vg/dWBost>
- Bye-Bye Test Anxiety Workshop: <https://use.vg/FY3gi8>
- Creating Your Final Exam Study Plan: <https://use.vg/K2b6Re>
- Online Study Crash Course: <https://use.vg/YtPIIQ>

Webpages

- Study Skills: <https://sites.google.com/view/tcc-lc-success/study-skills>
- Notetaking: <https://sites.google.com/view/tcc-lc-success/study-skills/notetaking>
- Memory: <https://sites.google.com/view/tcc-lc-success/study-skills/memory>
- Test Prep: <https://sites.google.com/view/tcc-lc-success/study-skills/test-prep>