

THE PRESSURES AND STRUGGLES IN STUDENT ATHLETES
Jenna Higbee-Tindell, Sophomore (higbe993@mymail.tcc.fl.edu)
Faculty Sponsor: Nicolas Vick, Learning Commons Director

I started this study of student athletes who suffer from pressure because I was a student athlete. I believe teachers, classmates, parents, need to understand these struggles. Many students love their sport; however, it comes at a cost. I was a student athlete, so I can understand what goes through their mind. I asked many students at a local gathering what goes through their mind on a day to day basis. I created a picture that expresses what goes through a normal student athlete's mind and I found many different factors. I want to make it clear that it's not all negative thoughts. There are positive mindsets within student athletes, but I realized that it's a struggle to stay so positive. Overall, my artwork should express the pressures and struggle in a student athlete.