What You Need to Know For Quiz III

**I) Learn the definitions of the following Terms:**

 A. abduction

 B. adduction

 C. circumduction

 D. dorsiflexion

 E. eversion

 F. extension

 G. flexion

 H. inversion

 I. plantar flexion

 J. pronation

 K. rotation

 L. supination

**II) Learn the Types of Diarthroses (Synovial Joints)**

* Plane, Hinge, Pivot, Condyloid, Saddle, and Ball and Socket
* Nonaxial, Uniaxial, Biaxial, Multiaxial