

Questions to Ask Yourself

Strengths/Skills

1. Do you have any specific skills or knowledge you would like to expand upon?
2. What characteristics or traits do you possess that would make you a good fit for this career/major?
3. Can I do volunteer work, interview someone with this job, or shadow to make an informed decision?
4. How would you like to use your strengths and skills?

Education

1. How much education is required for this major/career and are you willing to do it?
2. Does this career offer opportunities for licensure, certifications, or professional development?
3. Are there any hours, exams, licensing, or board commitments you need to meet for this career?
4. Can your degree allow you to change careers if you wanted?

Values

1. Is work/life balance important to you?
2. Do you care about hourly/salary/ or specific benefits when considering a job?
3. Which one is more important to you, a dream-fulfilling career or a job that satisfies your material needs?
4. Are you wanting to relocate, travel, or settle down?
5. What will meet your lifestyle needs?

Interests

1. How much do you think you would enjoy this job?
2. How interested in your career do you want to be?
3. How much is this major/job related to your long term career goals?
4. Do you like communicating with people, having an office job, being in a lab? What feels the most interesting?
5. What motivates you and what bores you?