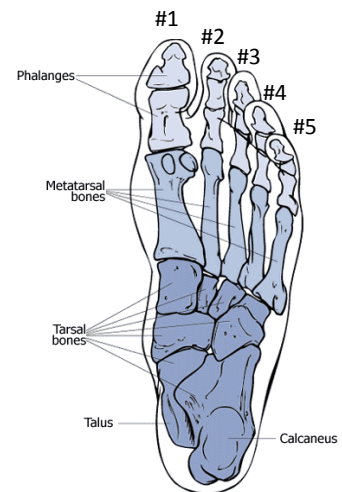


Bones of the Foot KEY



1. Calcaneus
2. Talus
3. Cuboid
4. Lateral Cuneiform (a.k.a. 3rd Cuneiform)
5. Navicular
6. Intermediate Cuneiform (a.k.a. 2nd Cuneiform)
7. Medial Cuneiform (a.k.a. 1st Cuneiform)
8. 5th Metatarsal
9. 1st Metatarsal
10. 5th Proximal Phalanx
11. 5th Middle Phalanx
12. 5th Distal Phalanx
13. 1st Proximal Phalanx
14. 1st Distal Phalanx



NOTE:

Metatarsals and Phalanges Numbered starting with most medial (big toe = #1) proceeding laterally (pinky toe = #5)

1st toe has proximal and distal phalanges only

2nd through 5th toes have proximal, middle, and distal phalanges