

**Pointers to help determine Right and Left bones.**

1. For long bones of arm and leg: Place bone with anterior side up and *distal* end pointed towards you

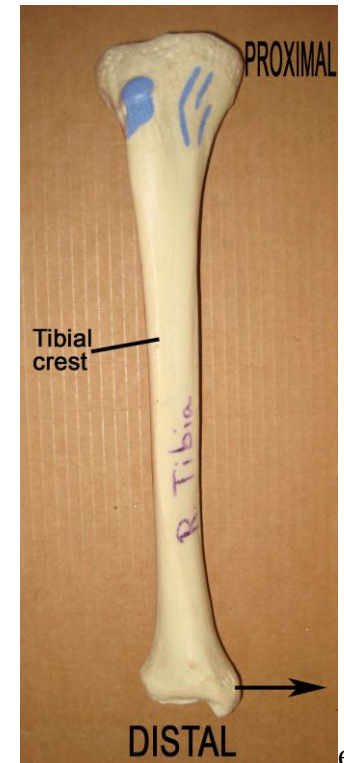
a. Femur: If the head points to the right it is a right side bone.

Humerus: If the medial epicondyle points to the right it is a right side bone

b. Radius: If the radial tuberosity points to the right it is a right side bone

Ulna: If the styloid process is on the right it is a right side bone

c. Tibia: If the Malleolus points to the right it is a right side bone

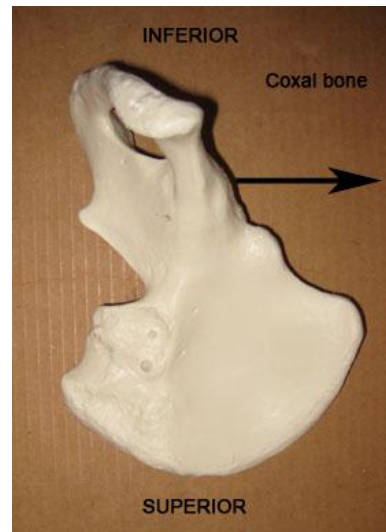


2. For Coxal bone and Scapula: Place bone with anterior side up and *superior* end pointed towards you.

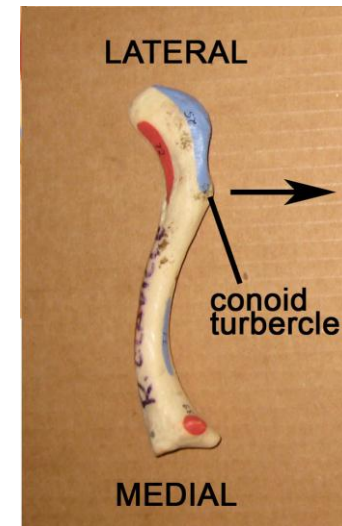
- a. Scapula: If glenoid cavity points to the right it is a right side bone



- b. Coxal bone: If acetabulum to the right it is a right side bone



3. Clavicle. Place bone superior side facing up and the medial end facing you. If the conoid tubercle points to the right it is a right side bone.



#### 4. Rib

Place rib superior side facing up with the head placed towards you. If the rib bows to the right it is a right side bone.

