



Conversion reference sheet

Helpful Conversions

1 quart = 2 pints
1 pint = 16 fluid ounces
1 fluid ounce = 8 fluid drams
1 fluid dram = 60 minims(℥)
1 minim = 1 drop (gtt)
1 ounce = 480 grains
1 ounce = 8 drams
1 dram = 60 grains
1 grain = 60 mg
1kg = 2.2 lbs.
1lb. = 480 grams
The drop factor is the number of drops in one ml

Metric

1 kilogram (kg) = 1000 g	1 kiloliter (kL) = 1000 L	1 kilometer (km) = 1000 m
1 hectogram (hg) = 100 g	1 hectoliter (hL) = 100 L	1 hectometer (hm) = 100 m
1 decagram (dag) = 10 g	1 dekaliter (daL) = 10 L	1 dekameter (dam) = 10 m
1 gram (g) = 1 g	1 liter (L) = 1 L	1 meter (m) = 1 m
1 decigram (dg) = .1 g	1 deciliter (dL) = .1 L	1 decimeter (dm) = .1 m
1 centigram (cg) = .01 g	1 centiliter (cL) = .01 L	1 centimeter (cm) = .01 m
1 milligram (mg) = .001 g	1 milliliter (mL) = .001 L	1 millimeter (mm) = .001 m
1 microgram (µg) = .000001 g		
1 nanogram (ng) = .000000001 g		