HEALTH INSURANCE				
	Capital Health	Blue Options PPO	Blue Options	
	Plan HMO	03559 HIGH	PPO 05905 LOW	
EMPLOYEE	\$93.35	\$173.76	\$108.74	
EMPLOYEE + 1	\$285.66	\$689.28	\$431.53	
EMPLOYEE+ FAMILY	\$505.80	\$1265.02	\$791.08	

DENTAL – The Standard Insurance			
	Low Option	High Option	
EMPLOYEE	\$23.26	\$33.84	
EMPLOYEE + 1	\$44.54	\$65.13	
EMPLOYEE + FAMILY	\$81.17	\$110.96	

VISION – VSP -The Standard Insurance				
EMPLOYEE	\$5.60			
EMPLOYEE + SPOUSE	\$9.44			
EMPLOYEE + CHILD(REN)	\$9.60			
EMPLOYEE + FAMILY	\$15.20			