**Improve Your Reading Speed**

The average reading speed is approximately 250 words per minute. Reading text on a computer screen can reduce your reading speed by 20-30%. The anxiety of a high-stress testing environment can reduce your speed even further. The best way to increase your reading speed is to practice, practice, practice. Try out these reading tips for improving your reading speed.

**Challenge yourself with variable reading speed.** With this reading practice method, you will read the passage three times.

1. Read the passage at your normal reading speed.
2. Slowly read the first sentence of the paragraph, then as fast as possible read through the remainder of the paragraph. Continue this pattern through the remainder of the passage.
3. Read the passage at your normal reading speed. *You may notice that you read through the passage faster than the first time you read it!*

**Try out the AccelaReader.** Copy and paste a practice passage into the AccelaReader tool then click “Begin”.  [https://accelareader.com/](https://accelareader.com/)

**Score Higher on Reading Tests**

1. Slowly read the first sentence of each paragraph.
2. Read over all of the questions.
3. Read the entire passage.

By reading the first sentence first, you are capturing the **main idea** of the paragraph.  
By reading the questions second, you will understand **what is being asked of you.**  
By reading the entire passage last, you **know what information to look out for.**

**Study Scenario**

1. Sit in a room free of noise and distractions.
2. Set a timer for 25-35 minutes.
3. Complete a Reading practice test.

The goal is to create a study environment that mimics the testing environment.