What You Need to Know For Quiz III

**I) Learn the definitions of the following Terms:**

A. abduction

B. adduction

C. circumduction

D. dorsiflexion

E. eversion

F. extension

G. flexion

H. inversion

I. plantar flexion

J. pronation

K. rotation

L. supination

**II) Learn the Types of Diarthroses (Synovial Joints)**

* Plane, Hinge, Pivot, Condyloid, Saddle, and Ball and Socket
* Nonaxial, Uniaxial, Biaxial, Multiaxial