

Get to Know the Test

Class: Click or tap here to enter text.

Test Date: Click or tap to enter a date.

What is the format of the test?

Multiple Choice Test Taking Strategies Study Skills Math Tests

Free Response
Test Taking Strategies
Study Skills

What class and study materials do you have to prepare for the test?

Class Materials
☐ Textbook
☐ Lecture Videos
\square Other Videos
☐ PowerPoints
\square Other:

Study Materials
☐ Notecards
☐ Study Guide
☐ Practice Test
☐ Notes
☐ Other:

What are your grade goals for the test/class?

Test			
Α	В	С	

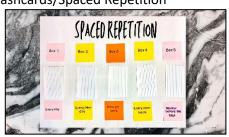
Class			
Α	В	С	

What are your current distractions and motivations?

Distractions	Motivations

Study Plan

- \square Complete Study Guide
- ☐ Create Your Own "Cheat Sheet"
- ☐ Practice Test/Quiz Yourself
- ☐ Study Groups
- ☐ Rewrite Notes in New Format
- ☐ Flashcards/Spaced Repetition



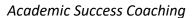
☐ Easy/Moderate/Hard

STUDY OUTLINE			
EASY	MODERATE	HARD	

Study Schedule

Study Schedule		
After Class: Read over your notes the same day after class for 10- 15 minutes.		
Twice a Week: Reserve 25 minutes twice a week, when you are at your best, to read over all of your notes in chronological order.		
<u>1 Week Before Test</u> : Select Your Study Plan. Studying is more than just reading over your notes.		
4-6 Days Before Test: Seek out Tutoring and/or visit your professor's office hours to ask final questions.		
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<u>2-3 Days Before Test</u> : Continue studying for at least 1 hour each day.		
1 Day Before Test: Study, ask final questions, and get a good		

Create Your Own Study Plan Template





Managing your Study Time

\square Chop It Up and the Fifteen Minute Rule					
0	Break the work into manageable pieces. Set a timer for 15 minutes and work without				
	disruption. After 15 minutes take a short break and resume for another 15 minutes.				
	☐ Pomodoro Method: https://www.marinaratimer.com/				
0	25 minutes of studying / 10-minute break / 25 minutes of studying / 10-minute break / 25				
	minutes of studying / 1-hour break (done)				
	☐ Rewards				
0	Reward yourself with breaks or fun activities/interests/hobbies after putting in a successful				
	study session.				
	Гаke Breaks				
0	Breaks are important for keeping study momentum. For every hour of study time, make				
	sure to take a 10-15-minute break. For every three hours of study time, take an <i>extended</i>				
	(hour+ long) break.				
Нρ	lp and Support				
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Find yourself struggling? Check out these resources and support services!					
	TCC Resources/Support Services	Websites			
	☐ <u>Learning Commons</u> (Tutoring)	☐ Khan Academy			
	☐ <u>Academic Success Coaching</u>	☐ <u>CrashCourse</u>			
	☐ <u>TCC Library</u>	StudyEdge (Math)			
	☐ Counseling Center	☐ <u>Quizlet</u>			

☐ <u>Evernote</u>

Additional Study Skills Resources to Reference

Workshops

☐ Advising Center

☐ Office Hours (Syllabus)

- Preparing for Your First Test Workshop: https://use.vg/dWBost
- Bye-Bye Test Anxiety Workshop: https://use.vg/FY3gi8
- Creating Your Final Exam Study Plan: https://use.vg/K2b6Re
- Online Study Crash Course: https://use.vg/YtPlIQ

Webpages

- Study Skills: https://sites.google.com/view/tcc-lc-success/study-skills
- Notetaking: https://sites.google.com/view/tcc-lc-success/study-skills/notetaking
- Memory: https://sites.google.com/view/tcc-lc-success/study-skills/memory
- Test Prep: https://sites.google.com/view/tcc-lc-success/study-skills/test-prep