## Five Rs of Note-Taking



Record	Reduce	Recite	Reflect	Review
During class, write	After class, write a	Cover-up the right side	Think about your own	Take ten minutes each
down all important and relevant information.	summary of the ideas and facts using key	of your paper and look at the key words on the	ideas and opinions on the topic as you read	week to review your notes.
	words.	left.	over your notes.	
Take these notes on the				Reviewing old notes
right side of your paper.	Write these key words	Recite, in your own	Raise new questions.	helps enhance
	on the left side of your	words, all of the		retention of the
Write legibly!	paper.	information you need to know about that key	Write this reflection on the bottom quarter of	material while adding new material to your
	Identifying key words	words.	your notes.	memory!
	will help clarify			
	meanings and	Don't peek at your	You can use these	
	relationships of ideas	notes unless you	thoughts to bring up in	
	and strengthen	absolutely have to.	classroom discussion or	
	memory!		when writing papers.	
Pauk, W. (1989). How to Study in College (4th Ed.). Boston, MA: Houghton Mifflin.				